

How to make hand sanitiser

Before lockdown Chemsafety got our science on and made our own hand sanitiser. We used the WHO recipe (minus the hydrogen peroxide) which can be found here https://www.who.int/gpsc/5may/Guide_to_Local_Production.pdf

If you decide to make hand sanitiser at home, you must ensure you have at least 60% alcohol and you also need to have at least 20% water (don't use vodka). You can add Aloe Vera gel for a bit of moisturising and a few drops of essential oil if you want to mask the alcohol smell a bit. Try this recipe from Healthline <https://www.healthline.com/health/how-to-make-hand-sanitizer>

But remember washing your hands with soap and water is more effective at killing COVID 19. Only use hand sanitiser if you aren't near hand washing facilities.

